



# Krische Child Development Center

1750 SW Stone Topeka, KS 66604 785/272-4791

## From Ms. Shelley

- ❑ The food drive was a HUGE success! Combined with the MPHM students, we were able to donate 2,281 pounds of food.
- ❑ Please make sure that your child has an appropriate change of clothes for the colder months.
- ❑ Grinch Day is Tuesday Dec 19 9:00-12:00. This is a SUPER fun morning were everyone wears their favorite pjs and participate in several Grinchy activities. At 11:30 we will all have a Who's feast, 11:15 part time children are encouraged to stay.
- ❑ Christmas program will be Wednesday Dec 20 at 4:00pm in OConner Hall. All KCDC students will be singing their Christmas songs that they have been working on in music class. Grandparent, aunts, uncles and family friends are ALL invited. Cookies and juice will be served after our simple preformance followed by a special vistior!
- ❑ Full weekly (and monthly) payment is due for the week of December 18th. No payment is due for the week of Christmas. Full payment is due for the first week of January 2018.
- ❑ All payments are due/post dated by Dec 31 to be included in the 2017 tax report. Please let me know if you have any questions.

## CATECHESIS OF THE GOOD SHEPHERD

The season of Advent in our Church liturgical year begins Sunday December 3. The atrium class will begin with a presention into the atrium with each child holding something for the prayer table. We change the prayer table cloth from green to purple. The color purple in the atrium means preparation. We are preparing for the feast of Christmas! During Advent the children will hear and see 5 narratives total: The Annunciation of the Angel to Mary, The Visitation of Mary to Elizabeth, The Birth of Jesus and the Adoration of the Shepherds, The Presentation in the Temple, and The Adoration of the Magi. After the children have been taught the work, they will have the oppotunity to manipulate the work as they contemplate the Word thru scripture.

## Dates to Remember

- Dec 3: Advent begins
- Dec 4: FDO for ASC
- Dec 8: Feast Immaculate Conception
- Dec 19: Grinch Day
- Dec 20: KCDC Christmas Program 4:00
- Dec 21-Jan 1: KCDC Closed

## MPHM Family and Youth Ministry

Most Pure Heart of Mary Parish Family and Youth Ministry have developed a list of best practices that apply to the family. Fr Greg has promoted this list at many school functions. I would like to share one "challenge" with you each month.

This month's challenge-- What are you doing to get your spouse to heaven?

Early education twist-- What are you doing to get your CHILD to heaven?

Some ways might be going and participating in Sunday mass, saying bedtime prayers and taking time to be quiet to listen for God.



"Truly powerful people can be strong and kind at the same time."

## ROOM 104-MS COURTNEY

Review: Letters, Numbers and Shapes

Practicing name recognition.

Christmas Centers: Gingerbread button counting, Christmas tree counting, snowman pom pom and so much more!

We will also start brushing our teeth.

Continue practicing for Christmas program!

## ROOM 105- MS CALLEN

December Themes:

Letters: W,O,Z  
Numbers: 3 and 4

Advent and Advent Symbols: (wreaths, gifts, candles and evergreens tree)

Christmas Symbols: Candy cane and star

Holy Family: Jesus, Mary and Joseph, The Navity Story.

We'll focus on celebrating the birth of Jesus. We will talk about how God's love never ends and how we have to wait for God's timing.

## ROOM 106- MS RENE

December Happenings:

Learning about:

- Winter
- Advent
- Story of the Candy Cane
- St. Nicholas
- Little Town of Bethlehem

We look forward to seeing the children singing for their families at our Christmas program on Wednesday Dec 20 at 4:00pm!

## ROOM 107- MS JENNI

Weekly themes for December:

- Advent
- St. Nicholas

Letters H and U

We are excited about wearing our pjs for Grinch Day!

We are learning about story elements.

We will be making gingerbread houses with 4th graders.

## 101 PC- MS AMY

December is a month of miracles and magic. I love seeing the kids face light up with excitement and anticipation.

We are learning:

Letters D,V,U/ Numbers 3,4

Jesus, Angels, reindeer, elves and Santa Claus will be part of our weekly lesson plans.

Christmas party on December 20th in morning. All are welcome!

Merry Christmas  
Ms. Amy

## AFTER SCHOOL CARE

Sign Up for the following Full Days Out (FDO):

Mon Dec 4 \$15

Thurs Dec 21- Mon Jan 1- All KCDC programs CLOSED

Tues Jan 2 \$15

Wed Jan 3 \$15

Mon Jan 15 \$15

Sign up sheet will be available a week prior to FDO on the sign out clipboards. Due to staffing and meal planning your child must be signed up to attend the FDO.

## FAMILY FOCUS

With the excitement of Christmas in the air and so many wonderful holiday activities, your child may not be getting adequate sleep.

**Toddlers 1-2 year olds need 11-14 hours daily**

**Preschool 3-6 year olds 10-13 hours daily**

**School age 6-13 years olds 9-11 hours daily**

**Adults age 18-64 years olds 7-9 hours daily**

To pave the way for better sleep, follow these simple yet effective healthy sleep tips, including:

- Stick to asleep schedule, even on weekends.

- Practice a relaxing bedtime ritual.
- Exercise daily.
- Evaluate your bedroom to beware of hidden sleep ensure ideal temperature, sound and light.
- Sleep on a comfortable mattress and pillows. stealers, like alcohol and caffeine.
- Turn off electronics before bed.

Please make sure that your child is getting at least the minimum amount of required sleep.

Thank you for helping to make your child's day a success at school!

### Dates to Remember

Jan 1: Closed

Jan 2: All KCDC programs resume and FDO

Jan 3: FDO

Jan 4: MPH M resumes

Jan 15: MPH M/KCDC Closed

Jan 28-Feb 2: Catholic School's Week